# November 2026

Friendship Towers Daily Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>10:00 Southland Christian Church- ABC<br>1:30 Televised Worship Service-LL<br>1:45 Lexington Community Orchestra Concert-OC<br>3:00 Game Tables-LL<br>3:00 Ping Pong Games-LL<br>5:30 Touched by an Angel-LL<br>Daylight Saving Time Ends | **2**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>1:30 Weekly Worship Service with Chaplain Tyler-EC<br>2:30 Presidential Trivia-EC<br>3:30 Puzzle Power Partners-LL<br>4:45 Cookies and Conversations-EC | **3**<br>9:30 Coffee & Donuts-EC<br>10:15 Chair Yoga-EC<br>2:00 Bible Study-FV 2nd FL<br>2:30 Creative Cooks: Cranberry Cookies-EC<br>4:00 Praise & Prayer-EC<br>6:00 Music with Millie-Bistro<br>7:00 BBall UK vs Manhattan-LL | **4**<br>10:00 Chair Cardio-EC<br>10:00 Book Van-2nd FL<br>10:30 Morning News-EC<br>1:00 Bingo-EC<br>2:30 Scrabble-LL<br>2:45 Cornhole Games-EC<br>4:30 Would You Rather-FL<br>6:00 Daniel Bible Study with Frank-EC | **5**<br>9:30 Coffee Time-EC<br>10:15 Bible Study-3rd FL<br>1:15 The 12 Apostles-EC Simon the Zealot<br>2:45 Craft Cove: Precious Petite Pumpkins-EC<br>2:45 Card Sharks Club-LL<br>4:45 Happier Hour-LL | **6**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>1:00 Bingo-EC<br>2:15 Christmas Cards for Wesley and Friends-EC<br>5:30 Special Video-EC The Gaithers<br>7:00 BBall UK vs James Madison-LL | **7**<br>11:00 Catholic Communion-LL<br>2:30 Game Tables -LL<br>4:00 Ping Pong Games-LL<br>5:30 Saturday Cinema-LL<br>6:15 Football Game-LL UK vs Tennessee |
| **8**<br>10:00 Southland Christian Church- ABC<br>1:30 Televised Worship Service-LL<br>3:00 Game Tables-LL<br>3:00 Ping Pong Games-LL<br>5:30 Touched by an Angel-LL<br>Diwali (Hindi) | **9**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>1:30 Weekly Worship Service with Chaplain Tyler-EC<br>2:30 Creative Cove: Rosey Leaves-EC<br>3:30 Puzzle Power Partners-LL<br>4:45 Pilgrim Ponderings-EC<br>6:00 Music with Cooper-EC | **10**<br>9:30 Coffee & Donuts-EC<br>10:15 Gospel Cardio-EC<br>1:15 Harmonica Honeys-EC<br>2:00 Bible Study-FV 2nd FL<br>2:00 BINGO-EC<br>3:15 Christmas Program Practice-EC<br>4:00 Praise & Prayer-LL<br>6:00 Daniel Bible Study with Frank-LL<br>9:30 BBall UK vs Kansas-LL | **11**<br>10:00 Morning Meditation-LL<br>1:30 Veteran's Day Event-EC<br>2:30 Scrabble-LL<br>4:30 My Middle Name Game-FL<br>Veterans Day<br>Remembrance Day (Canada) | **12**<br>8:30 PODIATRIST-3rd FL<br>9:30 Coffee Time-Bistro<br>10:15 Better with Age-FT<br>2:15 HandBell Harmony-EC<br>2:45 Card Sharks Club-LL<br>3:15 Bible Study-3rd FL<br>6:00 Music with Tony-EC | **13**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>1:00 Lucky Bingo-EC<br>2:30 Kroger Mobile Market<br>2:15 Creative Cooks: Pecorino Pea Pasta<br>3:30 Music with Esther-Bistro<br>7:00 BBall UK vs No.AZ-LL | **14**<br>11:00 Catholic Communion-LL<br>1:30 Packing OCC Boxes with Tates Creek Youth-EC<br>2:30 Game Tables -LL<br>4:00 Ping Pong Games-LL<br>5:30 Saturday Cinema-LL<br>TBA Football Game-LL UK vs Florida |
| **15**<br>10:00 Southland Christian Church- ABC<br>1:30 Televised Worship Service-LL<br>3:00 Games Tables-LL<br>3:00 Ping Pong Games-LL<br>5:30 Touched by an Angel-LL | **16**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>1:30 Weekly Worship Service with Chaplain Tyler-EC<br>2:30 Handbell Harmony-EC<br>3:30 Puzzle Power Partners-LL<br>6:00 Birthday Party with Music by Jamie-EC<br>7:00 BBall UK vs Grambling State | **17**<br>9:30 Coffee & Donuts-EC<br>10:15 Gospel Cardio-EC<br>2:00 Bible Study-FV 2nd FL<br>2:00 BINGO – EC<br>3:15 November Trivia-EC<br>4:00 Praise & Prayer-EC<br>6:00 Music with Millie-Bistro | **18**<br>10:00 Book Van-2nd FL<br>1:30 Puzzle Pack Pickup-Outside of Activity Office<br>2:30 Friendship 101-LL<br>6:00 Daniel Bible Study with Frank-EC | **19**<br>9:30 Coffee Time-EC<br>10:15 Bible Study-3rd FL<br>10:30 Lunch Outing to Cheesecake Factory-OC<br>1:15 Chef Demo/Food Comm Meeting-EC<br>2:45 Card Sharks Club-LL<br>3:00 Christmas Pro Prac-EC<br>6:00 Music with Ron&Pat-EC | **20**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>10:30 Catholic Mass-BB<br>1:00 Bingo-EC<br>2:15 Creative Cooks: Cranberry Coffee Cake-EC<br>6:00 Music with Bobby-EC | **21**<br>11:00 Catholic Communion-LL<br>2:30 Game Tables -LL<br>4:00 Ping Pong Games-LL<br>5:30 Saturday Cinema-LL<br>TBA Football Game-LL UK vs Missouri |
| **22**<br>10:00 Southland Christian Church- ABC<br>1:30 Televised Worship Service-LL<br>3:00 Game Tables-LL<br>3:00 Ping Pong Games-LL<br>3:00 Birthday Party for Juanita/ EVERYONE IS INVITED TO STOP BY FOR CAKE-Bistro<br>5:30 Touched by an Angel-LL | **23**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>1:30 Weekly Worship Service with Chaplain Tyler-EC<br>2:30 Creative Cooks: Fall Chopped Apple Salad-EC<br>3:30 Puzzle Power Partners-LL<br>4:30 Music with James-DR | **24**<br>9:30 Coffee & Donuts-EC<br>10:15 Chair Yoga-EC<br>1:15 Harmonica Honeys-EC<br>2:00 Bible Study-FV 2nd FL<br>2:30 Craft Cove: Fabric Stars-EC<br>4:00 Praise & Prayer-EC<br>4:30 Music with Yolanda-DR<br>6:00 "A Reason to be Thankful" Thanksgiving Program with Frank-EC | **25**<br>10:00 Chair Cardio-EC<br>10:30 Morning News-EC<br>10:45 Christmas Program Practice-EC<br>1:00 Bingo-EC<br>2:30 Scrabble-LL<br>4:15 Say What Word Game-FL<br>6:00 Daniel Bible Study with Frank-EC | **26**<br>HAPPY THANKSGIVING<br>"Thank you, Lord, for Your blessings, for family and friends, and for the love and grace You give each day. Amen"<br>Thanksgiving Day (U.S) | **27**<br>10:00 Sr Social Stretches-EC<br>10:30 Morning News-EC<br>2:30 Kroger Mobile Market<br>2:15 Tell Us What You are Thankful For-EC<br>5:30 Carol Burnett and Friends Video-EC<br>9:00 BBall UK vs Wichita St-LL | **28**<br>11:00 Catholic Communion-LL<br>2:30 Game Tables -LL<br>4:00 Ping Pong Games-LL<br>5:30 Saturday Cinema-LL<br>TBA Football Game-LL UK vs Louisville |
| **29**<br>10:00 Southland Christian Church- ABC<br>1:30 Televised Worship Service-LL<br>3:00 Game Tables-LL<br>3:00 Ping Pong Games-LL<br>5:30 Touched by an Angel-LL | **30**<br>10:00 Fit, Fun & Fab-EC<br>10:30 Morning News-EC<br>10:30 Lunch at Giovanni's and Shopping at Aldi's-OC<br>1:30 Weekly Worship Service with Chaplain Tyler-EC<br>2:30 Craft Cove: Painting Christmas Door Décor-EC<br>3:30 Puzzle Power Partners-LL<br>4:30 Music with James-DR | | | | | |

**All activities are subject to change. All changes will be posted ASAP**