

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abbreviation Key RR – Room to Room U4 – Unit 400 CY – Courtyard LEC – Life Enrichment Center CH – Chapel OC – Off Campus	Dimensions of Wellness ●Intellectual ●Spiritual ●Emotional ●Social ●Physical					
		●9:15 Rise, Shine & Daily Chronicle-RR 1 ●10:00 Morning Brew&Bites-U3 ●10:30 Hymns with Allie-U3 ●11:45 Pet Therapy Visits-RR ●2:30 September Painting Party: Sunflowers-LEC	●9:15 Rise, Shine & Daily Chronicle-RR 2 ●10:30 Be Fit-LEC ●10:45 Bowling-LEC ●1:30 Music Room Visits-RR ●2:30 Bingo-LEC	●9:15 Daily Chronicle-RR 3 ●10:30 Activity Cart Pass-RR ●1:00 Music Devotional with Chaplain Dale-U3 ●2:30 Spa Day-LEC ●7:00 Jeopardy-LEC	●9:15 Daily Chronicle-RR 4 ●10:30 Be Fit-CY ●10:45 Trivia-CY ●2:30 Paul Strang Trio-LEC	●10:00 Daily Chronicle-RR 5 ●10:00 Catholic Communion with Pax Christi-RR ●10:45 Saturday Social-U4 ●1:00 UK vs. Youngstown State-GR ●1:15 Fun on the BEAM-U4 ●2:30 Bingo-LEC ●4:00 Patio Chats-U1CY
●9:30 Tates Creek Christian Church Livestream 6 ●10:00 Southland Christian Church ABC 36 ●10:30 Immanuel Baptist Church LEX 18 ●3:00 Church Service with Chaplain Dale-LEC	●9:15 Rise, Shine & Daily Chronicle-RR 7 ●10:30 Be Fit-LEC ●10:45 Whiteboard Games: Labor Day Edition-LEC ●2:30 Bingo-LEC Labor Day	●9:15 Rise, Shine & Daily Chronicle-RR 8 ●10:00 Morning Brew&Bites-U3 ●10:30 Hymns with Allie-U3 ●11:45 Pet Therapy Visits-RR ●2:30 Crafting Corner: Paper Mâché Apples-LEC	●9:15 Rise, Shine & Daily Chronicle-RR 9 ●10:30 Be Fit-LEC ●10:45 Balloon Volleyball-LEC ●1:30 Music Room Visits-RR ●2:30 Bingo-LEC	●9:15 Daily Chronicle-RR 10 ●10:30 Manicure Cart-RR ●1:00 Music Devotional with Chaplain Dale-U3 ●3:00 September Birthday Party w/ Bob Allen-LEC ●7:00 Sip ‘N Snack-LEC	●9:15 Daily Chronicle-RR 11 ●10:30 Be Fit-CY ●10:45 Trivia-CY ●2:30 Cooking Club: Pigs in a Blanket-LEC Rosh Hashanah Begins	●10:00 Daily Chronicle-RR 12 ●10:00 Catholic Communion with Pax Christi-RR ●10:45 Saturday Social-U4 ●1:15 Fun on the BEAM-U4 ●2:30 Bingo-LEC ●3:30 UK vs. Alabama-GR ●4:00 Patio Chats-U1CY
●9:30 Tates Creek Christian Church Livestream 13 ●10:00 Southland Christian Church ABC 36 ●10:30 Immanuel Baptist Church LEX 18 ●3:00 Church Service with Chaplain Dale-LEC Grandparents Day	●9:15 Rise, Shine & Daily Chronicle-RR 14 ●10:30 Be Fit-LEC ●10:45 Whiteboard Games-LEC ●2:30 Bingo-LEC ●7:00 Movie Night and Fresh Popcorn-GR	●9:15 Rise, Shine & Daily Chronicle-RR 15 ●10:00 Morning Brew&Bites-U3 ●10:30 Hymns with Allie-U3 ●11:45 Pet Therapy Visits-RR ●3:30 Bobby Parris Performs-LEC	●9:15 Rise, Shine & Daily Chronicle-RR 16 ●10:30 Be Fit-LEC ●10:45 Crafting Corner: Yarn Apples-LEC ●1:30 Music Room Visits-RR ●2:30 Bingo-LEC	●9:15 Daily Chronicle-RR 17 ●5:00 Fall Festival-FT Parking Lot	●9:15 Daily Chronicle-RR 18 ●10:30 Be Fit-CY ●10:45 Trivia-CY ●2:30 Armchair Travel: Germany-LEC	●10:00 Daily Chronicle-RR 19 ●10:00 Catholic Communion with Pax Christi-RR ●10:45 Saturday Social-U4 ●1:15 Fun on the BEAM-U4 ●2:30 Bingo-LEC ●3:30 UK vs. Texas A&M-GR ●4:00 Patio Chats-U1CY Oktoberfest Begins
●9:30 Tates Creek Christian Church Livestream 20 ●10:00 Southland Christian Church ABC 36 ●10:30 Immanuel Baptist Church LEX 18 ●3:00 Church Service with Chaplain Dale-LEC Yom Kippur Begins	●9:15 Rise, Shine & Daily Chronicle-RR 21 ●10:30 Be Fit-LEC ●10:45 Whiteboard Games-LEC ●2:30 Bingo-LEC ●7:00 Movie Night and Fresh Popcorn-GR	●9:15 Rise, Shine & Daily Chronicle-RR 22 ●10:00 Morning Brew&Bites-U3 ●10:30 Hymns with Allie-U3 ●11:45 Pet Therapy Visits-RR ●2:30 Crafting Corner: Watercolor Leaf Prints-LEC Autumn Begins	●9:15 Rise, Shine & Daily Chronicle-RR 23 ●10:30 Ron and Pat Duo-LEC ●1:30 Music Room Visits-RR ●2:30 Bingo-LEC	●9:15 Daily Chronicle-RR 24 ●10:30 Manicure Cart-RR ●1:00 Music Devotional with Chaplain Dale-U3 ●2:30 Food Committee Meeting-CH ●7:00 Jeopardy-LEC	●9:15 Daily Chronicle-RR 25 ●10:30 Be Fit-CY ●10:45 Oktoberfest Trivia-CY ●2:30 Bill Kelly-LEC Sukkot Begins	●10:00 Daily Chronicle-RR 26 ●10:00 Catholic Communion with Pax Christi-RR ●10:45 Saturday Social-U4 ●12:45 UK vs. South Alabama-GR ●1:15 Fun on the BEAM-U4 ●2:30 Bingo-LEC ●4:00 Patio Chats-U1CY
●9:30 Tates Creek Christian Church Livestream 27 ●10:00 Southland Christian Church ABC 36 ●10:30 Immanuel Baptist Church LEX 18 ●3:00 Church Service with Chaplain Dale-LEC	●9:15 Rise, Shine & Daily Chronicle-RR 28 ●10:30 Be Fit-LEC ●10:45 Whiteboard Games: Yellowstone, Wyoming-LEC ●2:30 Bingo-LEC ●7:00 Movie Night and Fresh Popcorn-GR	●9:15 Rise, Shine & Daily Chronicle-RR 29 ●10:00 Morning Brew&Bites-U3 ●10:30 Hymns with Allie-U3 ●11:45 Pet Therapy Visits-RR ●2:30 Resident Council-CH	●9:15 Rise, Shine & Daily Chronicle-RR 30 ●5:00 Theme Dinner: Yellowstone National Park-LEC			

*All activities are subject to change. All changes will be posted ASAP.