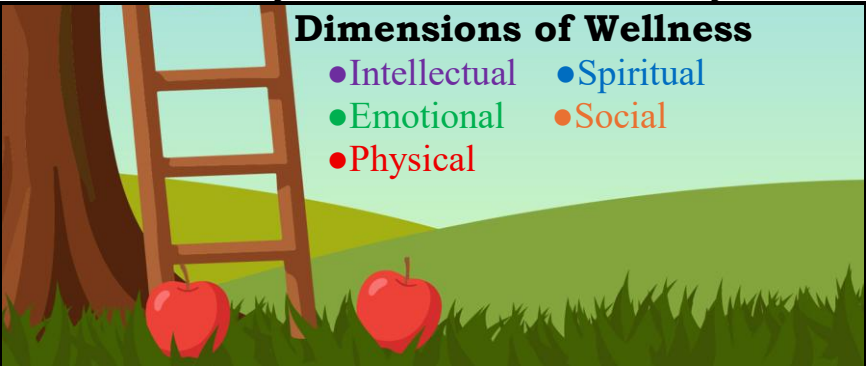


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Dimensions of Wellness - Intellectual - Spiritual - Emotional - Social - Physical						
10:00 Southland Christian Church- ABC 1:30 Church Service with Tom Cruz-EC 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:30 Little House on the Prairie-LL	***HOLIDAY OFFICES CLOSED*** LABOR DAY PUZZLE PACK PICKUP OUTSIDE OF ACTIVITY OFFICE 6:00 Music with Sydney-Bistro Labor Day	9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-EC 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 2:00 Bible Study-FV 2nd FL 2:15 Creative Cove / Rustic Flowers-EC 4:00 Praise & Prayer-EC 6:00 Music with Millie-Bistro	10:00 Tai Chi-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:45 Fancy Fingers-EC 4:30 Music with James-DR 6:00 A Trip to Africa with Sandy-EC	9:30 Coffee Time-EC 10:30 Lunch Outing to Chicken Salad Chic&Thrifting-OC 10:30 Bible Study- EC 2:45 Card Sharks Club-LL 4:45 Snow Cones on the Patio-CY 5:30 Grand Ol' Opry Video-EC	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Kroger Mobile Market 2:45 Taste and Create / Tomato Egg Cracker Salad-EC 6:00 Music with Bobby-EC	11:00 Catholic Communion-LL 1:00 Football Game- UK vs Youngstown State 2:30 Game Tables -LL 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL
10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 3:00 Grandparents Day Concert with Bobby-EC 5:30 Little House on the Prairie-LL Grandparents Day	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:30 Necklace Making-EC 2:45 Apple Pie Taste Off-EC 3:30 Puzzle Power Partners-LL 6:00 Music with Sydney-Bistro	9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-EC 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 1:30 Guess Who Trivia Challenge with Residents and Staff-EC 2:00 Bible Study-FV 2nd FL 4:00 Praise & Prayer-EC 4:30 Music with James-DR	10:00 Tai Chi-EC 10:30 Morning News-EC 1:00 Golden Girls Bingo with Residents, Staff and Cheesecake-EC 2:30 Scrabble-LL	9:30 Coffee Time-EC 10:00 Puzzle Packet Pickup- Outside of Activity Office 10:30 Bible Study- EC 2:45 Card Sharks Club-LL 5:00 Fall Festival-Back Parking Lot of Friendship Towers- INVITE YOUR FRIENDS AND FAMILY!	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 10:30 Catholic Mass-FF 1:00 Bingo-EC 2:30 Kroger Mobile Market 2:45 Creative Cove / Sunglasses Superstars- EC 6:00 Music with Bobby-EC Rosh Hashanah Begins	11:00 Catholic Communion-LL 2:30 Game Tables -LL 3:30 Football Game- UK vs Alabama 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL
10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:30 Little House on the Prairie-LL Yom Kippur Begins	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:45 Resident Gathering-EC 3:00 The 12 Apostles: James son of Alphaeus-EC 3:30 Puzzle Power Partners-LL 4:45 Come Get a Hug-LL 6:00 Music with Sydney-Bistro	9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-EC 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 1:15 Harmonica Honeys-3rd FL 2:00 Bible Study-FV 2nd FL 2:15 Creative Cove / Marbled Fall Leaves-EC 4:00 Praise & Prayer-EC 6:00 Music with Millie-Bistro Autumn Begins	10:00 Tai Chi-EC 10:00 Book Van-2nd FL 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:45 Trivia-EC 4:30 Music with Yolanda-DR	9:30 Coffee Time-EC 9:30 All Day Outing to Gardens at St. Patrick's in Maysville-OC 10:30 Bible Study- EC 1:15 Chef Demo/Food Comm Meeting-EC 2:45 Card Sharks Club-LL 6:00 Music with Tony-EC	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:45 Taste and Create / Mock Apple Pie-EC 6:00 Music with The Porter Pickers-EC Sukkot Begins	11:00 Catholic Communion-LL 12:45 Football Game- UK vs So. Alabama 2:30 Game Tables -LL 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL
10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:30 Little House on the Prairie-LL	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:45 LRC Game-EC 3:30 Puzzle Power Partners-LL 4:45 Stories with Marie-FL 6:00 Music with Sydney-Bistro	9:30 Coffee & Donuts- BISTRO 10:15 Chair Yoga-LL 1:15 Speak Out!-LL 2:00 Bible Study-FV 2nd FL 2:15 Ice Cream Sodas-Bistro 4:00 Praise & Prayer-LL 4:30 Music with James-Bistro	10:00 Tai Chi-LL 10:30 Morning News-LL 2:30 Scrabble-LL 2:45 Monopoly and More-LL 4:30 Theme Dinner			

*All activities are subject to change. All changes will be posted ASAP.