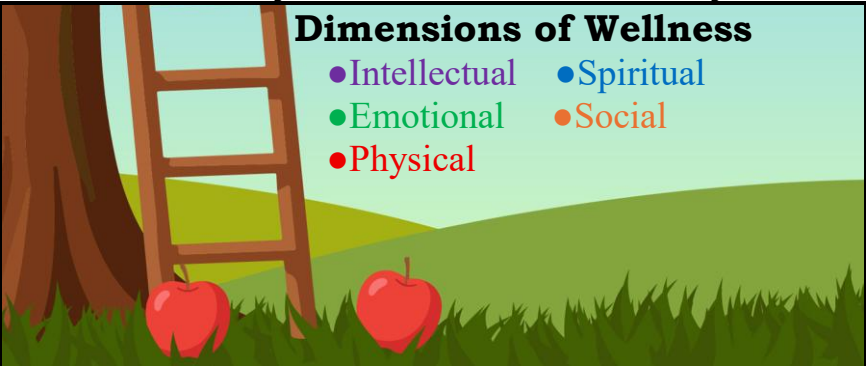


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Dimensions of Wellness - Intellectual - Spiritual - Emotional - Social - Physical		9:15 Dale/Craig Music-3rd FL 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 2:00 Bible Study-FV 2nd FL 2:00 Motown Chair Cardio-BC 4:00 Praise & Prayer-EC 6:00 Music with Millie-Bistro	10:00 Tai Chi-EC 10:30 Morning News-EC 2:30 Bingo-BC 2:30 Scrabble-LL 4:30 Music with James-DR 6:00 A Trip to Africa with Sandy-EC	10:30 Lunch Outing to Chickering - Salad Chic&Thrifting-OC 10:30 Bible Study- EC 2:30 Bingo with Blake-BC 2:45 Card Sharks Club-LL 4:45 Snow Cones on the Patio-CY 5:30 Grand Ol' Opry Video-EC	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 6:00 Music with Bobby-EC	10:00 Catholic Communion-FV 2nd FL 1:00 Mary Kay Bingo-BC 1:00 Football Game-UK vs Youngstown State 2:30 Game Tables -LL 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL
10:00 Southland Christian Church- ABC 1:30 Church Service with Tom Cruz-EC 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:30 Little House on the Prairie-LL	***HOLIDAY OFFICES CLOSED*** LABOR DAY PUZZLE PACK PICKUP OUTSIDE OF ACTIVITY OFFICE 1:30 Hymn Sing-Bistro??? Labor Day	9:15 Dale/Craig Music-3rd FL 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 2:00 Bible Study-FV 2nd FL 2:00 Motown Chair Cardio-BC 4:00 Praise & Prayer-EC 6:00 Music with Pat and Ron-EC	10:00 Tai Chi-EC 10:30 Morning News-EC 10:30 Book Van-BB 11:00 Book Van-FV 2:30 Bingo-BC 2:30 Scrabble-LL 2:45 Croquet in the Garden-CY 4:30 Music with Yolanda-DR	9:50 Better with Age-OC 10:30 Bible Study- EC 2:45 Card Sharks Club-LL 3:15 Stories with Marie-EC 5:00 Elvira's Cookout/Music by Rahab's Rope-BB	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 2:30 Kroger Mobile Market Rosh Hashanah Begins	10:00 Catholic Communion-FV 2nd FL 2:30 Game Tables -LL 3:30 Football Game-UK vs Alabama 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL
10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 3:00 Grandparents Day Concert with Bobby-EC 5:30 Little House on the Prairie-LL Grandparents Day	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 3:30 Puzzle Power Partners-LL 6:00 Music with Sydney-Bistro	9:15 Dale/Craig Music-3rd FL 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 2:00 Bible Study-FV 2nd FL 2:00 Motown Chair Cardio-BC 4:00 Praise & Prayer-EC 4:30 Music with James-DR	10:00 Tai Chi-EC 10:30 Morning News-EC 2:30 Bingo-BC 2:30 Scrabble-LL	10:00 Puzzle Packet Pickup-Outside of Activity Office 10:30 Bible Study- EC 2:45 Card Sharks Club-LL 5:00 Fall Festival-Back Parking Lot of Friendship Towers-INVITE YOUR FRIENDS AND FAMILY!	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 10:30 Catholic Mass-FF 6:00 Music with Bobby-EC	10:00 Catholic Communion-FV 2nd FL 2:30 Game Tables -LL 2:30 Football Game-UK vs Texas A&M 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL Oktoberfest Begins
10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:30 Little House on the Prairie-LL Yom Kippur Begins	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:45 Resident Gathering-EC 3:00 The 12 Apostles: James son of Alphaeus-EC 3:30 Puzzle Power Partners-LL 4:45 Come Get a Hug-LL 6:00 Music with Sydney-Bistro	9:15 Dale/Craig Music-3rd FL 10:15 Chair Yoga-EC 1:15 Speak Out!-EC 2:00 Bible Study-FV 2nd FL 2:00 Motown Chair Cardio-BC 4:00 Praise & Prayer-EC 6:00 Music with Millie-Bistro Autumn Begins	10:00 Tai Chi-EC 10:30 Morning News-EC 10:30 Book Van-BB 11:00 Book Van-FV 2:30 Bingo-BC 2:30 Scrabble-LL 2:45 Trivia-EC 4:30 Music with Yolanda-DR	9:30 All Day Outing to Gardens at St. Patrick's in Maysville-OC 10:30 Bible Study- EC 2:45 Card Sharks Club-LL 6:00 Music with Tony-EC	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Kroger Mobile Market 6:00 Music with The Porter Pickers-EC Sukkot Begins	10:00 Catholic Communion-FV 2nd FL 12:45 Football Game-UK vs So. Alabama 2:30 Game Tables -LL 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL
10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:30 Little House on the Prairie-LL	10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 2:30 Bingo-EC 3:30 Puzzle Power Partners-LL 4:45 Stories with Marie-FL 6:00 Music with Sydney-Bistro	10:15 Chair Yoga-LL 1:15 Speak Out!-LL 2:00 Bible Study-FV 2nd FL 4:00 Praise & Prayer-LL 4:30 Music with James-Bistro	10:00 Tai Chi-LL 10:30 Morning News-LL 2:30 Scrabble-LL 2:45 Monopoly and More-LL			

*All activities are subject to change. All changes will be posted ASAP.