

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Friendship Towers Daily Activities

<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC 1:30 Church Service with Tom Cruze-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:00 House of David Series-LL <p>Tu B'Shevat Begins</p>	<ul style="list-style-type: none"> 8:45 PODIATRIST-3rd FL 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Hymn Sing with Barbara-EC 2:30 Creative Cove: Fabric Heart Door Hangers-EC 3:30 Puzzle Power Partners-LL <p>Groundhog Day</p>	<ul style="list-style-type: none"> 9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-EC 10:15 Chair Yoga-EC 1:30 Dillard's Shopping Event-EC 2:00 Bible Study-FV 2nd FL 4:00 Praise & Prayer-EC 6:00 Music with Millie-Bistro 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:30 Show and Tell-EC 4:30 Music with Yolanda-DR 7:00 Basketball Game-LL UK vs Oklahoma 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:30 Bible Study-EC 10:30 Lunch Outing: Arby's and Shopping at Peddler's Mall-OC 3:00 The 12 Apostles: Andrew-EC 4:30 Music with Sydney-DR 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:00 Olympic Opening Ceremony on NBC-LL 2:45 Taste and Create: Jam Heart Toast Fingers & Cranberry Poppers-EC 6:00 Music with Bobby-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 2:00 Baking with Zeta Amicae-EC 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL 8:30 Basketball Game-LL UK vs Tennessee
<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:00 House of David Series-LL 6:30 Super Bowl LX-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:15 Sweetheart Trivia-EC 2:30 Creative Cove: Masks for Masquerade Ball-EC 3:30 Puzzle Power Partners-LL 4:30 M3 (Men's Club) Venison Chili Dinner- EC 6:00 Music with Sydney-Bistro 	<ul style="list-style-type: none"> 9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-EC 10:15 Chair Yoga-EC 1:15 Taste & Create: Raspberry Chia Pudding-EC 2:00 Bible Study-FV 2nd FL 2:30 Lee & Loren-EC 4:00 Praise & Prayer-EC 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:00 Book Van-2nd FL 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:30 Music with Trio 21 and Clarinet Convergence-EC 4:30 Happier Hour-Bistro 	<ul style="list-style-type: none"> 9:30 Coffee Time-Bistro 10:30 Bible Study-LL 11:00 LCA Valentine Delivery 6:00 Valentine Concert with Keith and Millie-EC 	<ul style="list-style-type: none"> 9:15 Candygram Delivery-Door to Door 1:00 Bingo-EC 2:30 Kroger Mobile Market 2:45 Valentine Party-EC 6:00 Grand Ol' Opry Video-EC "Love Songs" 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 3:00 Basketball Game-LL UK vs Florida 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL <p>Valentine's Day</p>
<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:00 House of David Series-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:15 Toss My Heart Game-LL 3:30 Puzzle Power Partners-LL 4:30 Music with James-DR <p>Presidents' Day (U.S.)</p>	<ul style="list-style-type: none"> 9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-Bistro 10:15 Chair Yoga-LL 2:00 Bible Study-FV 2nd FL 6:00 Masquerade Ball-EC 7:00 Basketball Game-LL UK vs Georgia <p>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p>	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:30 Ash Wednesday Service-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:30 Board Games-LL 3:15 Taste & Create: Lemon Tea Biscuits-EC 4:30 Music with Yolanda-DR 	<ul style="list-style-type: none"> 9:30 Coffee and Donuts with Wesley-EC 10:30 Bible Study-EC 10:30 Lunch Outing: Number #1 China Buffet-OC 1:15 Food Committee Mtg-EC 2:30 Chef Demo-EC 4:45 Name 10 Game-FL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 10:30 Catholic Mass-BB 1:00 Bingo-EC 2:45 Creative Cove: Watercolor Hearts-EC 6:00 Music with Aaron-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 2:30 Game Table -EC 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL 8:30 Basketball Game-LL UK vs Auburn
<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 5:00 House of David Series-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:15 Inventive Inventions with Emmitt-EC 2:30 Compassionate Conversations-LL 3:30 Puzzle Power Partners-LL 4:30 Music with Aaron-DR 	<ul style="list-style-type: none"> 9:15 Dale/Craig Music-3rd FL 9:30 Coffee & Donuts-Bistro 10:15 Chair Yoga-LL 2:00 Bible Study-FV 2nd FL 2:45 Sayre Players & Singers Meeting-EC 4:00 Praise & Prayer-EC 6:00 Music with Millie-Bistro 7:00 Basketball Game-LL UK vs So. Carolina 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:00 Book Van-2nd FL 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:30 Trivia and Snacks with Gracie-EC 4:30 Music with James-DR 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:30 Bible Study-EC 10:30 Lunch Outing: Cheddars -OC 2:30 Creative Cove: Flower Dip Painting-EC 3:45 Stories with Marie-FL 6:00 Music with Tony-EC 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Kroger Mobile Market 2:45 Taste and Create: Winter Greens & Pomegranate Salad-EC 6:00 Birthday Party with Music by Bobby-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 2:00 Basketball Game-LL UK vs Vandy 4:00 Ping Pong Games-LL 5:30 Saturday Cinema-LL

*All Activities are subject to change. All changes will be posted ASAP. Thank you!