

Levels of Care

Continuing Care Retirement Communities (CCRCs) like Sayre Christian Village combine multiple levels of care, all on the same campus. Sayre Christian Village is Fayette County's ONLY non-profit CCRC.

Rehabilitation:

Physical, speech and occupational therapies are offered 6 days a week in our state-of-the-art gymnasium. The rehabilitation center is equipped to help individuals of all ages recovering from illness, accident or injury. Our specially trained therapists are experienced working with older adults.

*Most major insurances are accepted.



Fred: Fred is in his 60s with no health complications and lives at home with his wife. He recently fell and broke his hip. **Rehabilitation therapy** will likely get him back on his feet — and back in his home.

Independent Living:

Active lifestyle communities allow healthy older adults to live life to the fullest in a worry-free home. We offer one and two bedroom apartments in various layouts for our residents at Friendship Towers, Baunta Apartments and Forest View. Baunta and Forest View have rent subsidy funded by HUD.



Stan: Stan is a healthy 74 year-old living on his own. While he is healthy now, he is aware that this could change within the next few years. **Independent living** will help him continue living his life, but free him from home maintenance.

Assisted Living:

Friendship Towers is certified to provide assisted living services to those residents that need a 'little extra help' with daily activities on a permanent or temporary basis.

Friendship Towers offers assistance with physical tasks such as bathing, dressing and housekeeping, as well as a variety of social wellness activities. Residents maintain their independence by managing their own medications; with our staff available to provide reminders and assist with self-administration as needed.*



Ethel: Ethel is in her 90s and is still very mentally sharp, but some daily tasks have become difficult for her. Ethel could be greatly helped by **assisted living**.

*Friendship Towers is both Independent Living and Assisted Living.

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Skilled Nursing:

At Sayre Healthcare Center we provide 24-hour-a-day nursing care. We offer skilled nursing services right on campus, so that as your needs change, you can age in place.

Skilled nursing provides a high level of medical care by trained individuals, such as registered nurses and therapists.



George: George recently suffered from a stroke and needs support with daily tasks and getting around. **Skilled nursing** is exactly what George needs.

Skilled Memory Care:

As life expectancy increases, so also does the probability that Alzheimer's disease or a related dementia will occur in older adults. We are proud to be a Best Friends™ community, which means our care is rooted in a relationship-centered approach. Sayre Christian Village recognizes the need for a safe, peaceful, loving environment where residents with dementia may live with dignity.

For individuals with dementia, skilled memory care can help ensure the highest quality of life while offering a safe, secure environment.



John: John suffers from Alzheimer's, which makes it hard for him to make safe self-care decisions. He can benefit from **memory care**, which offers him the assistance of caregivers.

