

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Friendship Towers Daily Activities

						<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 1:00 UK vs Auburn 2:30 Game Table -EC 5:30 Saturday Cinema-LL 6:00 Ping Pong Games-LL
<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC36 1:30 Church Service with Tom Cruze-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Hymn Sing with Barbara-EC 2:30 Creative Cove: Fleur-de-lis ornament-EC 3:30 Happier Hour-Bistro 4:30 Savor the Night: Dinner Music with Mary-DR 	<ul style="list-style-type: none"> 9:30 Café au Lait & Beignets-EC 9:30 Dale/Craig Music-3rd FL 10:00 Chair Drumming-EC 1:15 Cyber Security- EC 2:00 Bible Study-FF 2:45 Choir Practice-EC 4:00 Praise & Prayer-EC 6:00 Mardi Gras Party-EC 	<ul style="list-style-type: none"> 9:00 PODIATRIST-3RD FL 10:00 Tai Chi-LL 10:30 Morning News-EC 10:30 Ash Wednesday Service-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:30 Taste and Create: Greek Chicken Pasta-EC 6:45 Play at Bell House-OC 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:15 Lunch at Jackson's in Richmond & Tour of Giles Art Museum at ECU-OC 10:30 Bible Study-EC 2:30 Music with Lee & Loren-EC 4:30 Stories with Marie-FL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 New Table Games-EC 6:00 Music with Bobby-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 12:00 UK vs Missouri-LL 2:30 Game Table -EC 5:30 Saturday Cinema-LL 6:00 Ping Pong Games-LL
<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC 36 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 "Name 10" Game-EC 2:30 Creative Cove: Shamrock Door Hangers-EC 3:30 Trivia Time-EC 4:30 Savor the Night: Dinner Music with Mary-DR 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Dale/Craig Music-3rd FL 10:00 Chair Dancing with Kathy-EC 1:15 Betty Ellison presents "Rachel Jackson"-EC 2:00 Bible Study-BB 4:00 Praise & Prayer-EC 6:00 Music with Millie/Choir-EC 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:30 Morning News-EC 10:30 Book Van-2nd FL 1:00 Bingo-EC 2:30 Scrabble-LL 2:45 Follies Practice-EC 6:00 Music with Bob Allen-EC 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 9:50 Better with Age-OC 10:30 Bible Study-EC 2:15 Women of the Bible-EC "Leah" 4:30 Savor the Night: Dinner Music with Frank Sax-DR 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Taste & Create: Salmon with Roasted Artichoke Hearts and Leeks-EC 2:30 Kroger Mobile Market-FT 6:00 Music with James-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 1:00 Resident Party-EC 6:00 Ping Pong Games-LL
<ul style="list-style-type: none"> 10:00 Southland Christian Church Televised ABC 36 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Minister Monday-EC 2:30 Creative Cove: Corky Can Canisters-EC 3:30 Word Scramble Game-EC 6:00 Birthday/St Pat Party with Music by Rahab's Rope-EC 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Dale/Craig Music-3rd FL 10:00 Chair Yoga-EC 1:15 Food Committee Mtg-EC 2:00 Bible Study-FF 2:15 Class Pictures-EC 4:00 Praise & Prayer-EC 6:00 Music with Millie-EC 	<ul style="list-style-type: none"> 10:00 Tai Chi-LL 10:30 Morning News-EC 10:30 Music with Troubadours-EC 1:00 Bingo-EC 2:30 Scrabble-LL 2:30 Friendship 101-LL 2:30 Chef Demo 6:00 Follies Practice-EC 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:30 Bible Study-EC 10:45 Lunch Outing at Culver's-OC 2:00 March Trivia Fun-EC 4:30 Savor the Night: Dinner Music with Frank Sax-DR 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 10:30 Catholic Mass-BB 1:00 Bingo-EC 2:30 Taste & Create: First Lady Fun and Orange Blossom Brownies-EC 6:00 Music with Bobby-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 1:30 Saturday Cinema-LL 2:30 Game Table -EC 6:00 Ping Pong Games-LL
<ul style="list-style-type: none"> 10:00 Southland Christian Church-ABC 36 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:15 Taste and Create: Brussel Sprouts Special-EC 2:30 What Would You Do?-EC 3:30 Follies Practice-EC 4:30 Savor the Night: Dinner Music with Mary-DR 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Dale/Craig Music-3rd FL 10:00 Chair Dancing with Kathy-EC 1:15 Special Bingo Day-EC 2:00 Bible Study-BB 2:30 Music with Yolanda -LL 4:00 Praise & Prayer-LL 	<ul style="list-style-type: none"> 10:00 Tai Chi-LL 10:30 Morning News-LL 10:30 Book Van-2nd FL 1:00 Puzzle Pack Pickup-AO 2:30 Scrabble-LL 4:00 Back to the Cafeteria: Lunchroom Reunion Theme Dinner- EC 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:15 Lunch Outing to Golden Corral and Tour of Lady Veterans Connect Center-OC 10:30 Bible Study-EC 3:30 Music with Loren-EC 5:00 Happier Hour-Bistro 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 All Resident Meet and Greet-EC 2:30 Kroger Mobile Market-FT 6:00 Music with Bill-EC 	<ul style="list-style-type: none"> 11:00 Catholic Communion-LL 1:15 Chinese Christian Church Children's Program- EC 6:00 Ping Pong Games-LL
<ul style="list-style-type: none"> 10:00 Southland Christian Church- ABC 36 1:30 Church Service with Chaplain Dale-EC 2:15 Chess & Checkers-BB 3:00 Scrabble-LL 3:00 Ping Pong Games-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Name That Tune-EC 2:30 Creative Cove: Make a Fairy Garden-EC 3:30 Follies Practice-EC 4:30 Savor the Night: Dinner Music with Frank Sax-DR 	<p>Dimensions of Wellness</p> <ul style="list-style-type: none"> Intellectual Emotional Physical Spiritual Social 				

**All Activities are subject to change. All changes will be posted ASAP. Thank you!