

# FRIENDSHIP TOWERS

## QUICK BITES & SALADS

### **CHICKEN PARMESAN SLIDERS**

2 hand-breaded Chicken Breasts fried and topped with Marinara and Mozzarella Cheese

### **SWEDISH MEATBALLS**

Savory Meatballs smothered in a Mushroom Cream Sauce served over Noodles

### **PIGS IN A BLANKET**

Classic Beef Franks wrapped and baked in Puff pastry served with Baked Beans and Maple Mustard Sauce

### **CRANBERRY MANDARIN SALAD**

Cranberries, Mandarin Oranges, Pecan, and Feta Cheese tossed in Citrus Vinaigrette served on Mixed Greens

### **BBQ CHICKEN SALAD**

Crispy fried Chicken, Cilantro Lime Corn, Red Onion, Tomato, and cheddar cheese BBQ Ranch served on Iceberg Lettuce

## CHEF INSPIRED

### **SAVORY GRILLED CHICKEN**

Savory marinated Chicken Breast grilled and served with seasoned Rice and Green Beans

### **CHEF'S SALMON CAKES**

Seared Salmon Cakes served with Potato Wedges and Brussels Sprouts

### **SALISBURY STEAK**

Savory Beef seared and topped with a Mushroom Gravy and served with Garlic Mashed Potatoes, and Corn

### **FRIED CATFISH**

Catfish Fried golden brown and served with Fries and Cole Slaw

### **CHICKEN & SWEET PEA RISOTTO**

Seasoned Chicken, Sweet Peas mixed with savory Rice and topped with Parmesan Cheese

### **BOURBON PORK TIPS**

Delicious pork slow cooked in BBQ served with Mashed Sweet Potatoes and Coleslaw

### **CREAMY TOMATO AND SPINACH PASTA**

Fresh Spinach, Tomato and Garlic tossed with Penne in a White Wine Tomato Cream Sauce



# SANDWICHES

## **TURKEY PESTO PANNI**

Shaved Turkey, Monetary Jack,  
Bacon Sundried Pesto Mayo

## **CHICKEN SALAD CROISSANT**

House made Chicken Salad on fresh baked  
Croissant served with Grapes

## **HAM & CHEESE CROISSANTS**

Shaved Ham, Swiss Cheese and Honey Mustard on  
a Croissant

## **QUESADILLA**

Chicken and Cheese grilled and served with Sour  
Cream and Salsa

## **SAYRE SMOKEHOUSE BURGER**

Fresh smashed Beef Patty, Cheddar Cheese, Bacon,  
and A1 mayo

# SIDES

## **SWEET POTATO CASSEROLE**

## **FRIES**

## **SPINACH**

## **BAKED POTATO**

## **VEGETABLE MEDLEY**

## **BAKED BEANS**

## **COLESLAW**

## **ANGEL HAIR PASTA**

## **CAULIFLOWER RICE**

# DESSERTS

## **HOMEMADE STRAWBERRY SHORTCAKE**

Homemade Biscuit, Strawberry Compote, and  
Whipped Cream

## **ICE CREAM FLOATS**

Vanilla Ice Cream choice of Orange or Root Beer  
Soda

## **BROWNIE A LA MODE**

Warm Chocolate Chunks Vanilla Ice Cream and  
Chocolate Syrup

# AFTER HOURS BREAKFAST

## **EGGS ANY STYLE**

## **BREAKFAST MELT**

## **WAFFLE**

## **SAUSAGE OR BACON**

## **OMELET**

# LIGHT AND FIT

## **SKINNY CHICKEN PARM**

Basil grilled Chicken topped with grilled Tomato  
and sliced Mozzarella Cheese

## **PAN SEARED COD**

Herb seared Cod with wilted Spinach and Garlic

## **TURKEY PATTY**

A homemade seasoned turkey patty topped with  
a fresh tomato, feta and cucumber salad

## **HONEY GARLIC GRILLED CHOP**

Marinated Pork Chop grilled and covered with a  
homemade Honey Garlic Glaze

## **BEEF & VEGETABLE SIZZLE**

Tender Beef sautéed with Vegetables and glazed  
with a light Stir Fry Sauce

*All Lite & Fit entrees are served with a choice of  
angel hair pasta, cauliflower rice, or vegetable*