

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Friendship Towers Daily Activities

<ul style="list-style-type: none"> 10:00 Southland Christian Church Televised ABC 36 1:30 Church Service with Tom Cruz-EC 3:00 Scrabble-LL 3:00 Music with Thomas-EC 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Hymn Sing with Barbara-EC 2:30 Cooking Club: Roasted Acorn Squash-EC TBA Basketball Game UK vs New Mexico State-LL 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Dale/Craig Music-3rd FL 11:00 Crafting Corner: Painting Gourds-EC 1:45 Field Trip to Primate Rescue Center-OC 6:00 Music with Millie-EC 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:00 Book Van-2nd FL 10:30 Morning News-EC 1:00 Bingo with Councilwoman Monarrez-EC 2:30 Scrabble-LL 4:00 Midweek Prayer-LL 5:30 Friendship 101-EC 	<ul style="list-style-type: none"> 9:30 Coffee Time-Cafe 10:30 Better with Age Thanksgiving Luncheon-EC 2:30 Bingo-EC 3:30 Who Done It?-EC 6:00 Birthday Party with Music by Paul-EC 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 11:00 BP Check-LL 1:00 Veteran's Day Program-EC 3:00 Lifeline Presents-EC 6:00 FMN "The Lion, The Witch and The Wardrobe"-EC TBA Basketball Game UK vs Texas A&M-LL 	<ul style="list-style-type: none"> 11:00 Catholic Communion-FL 2:00 Saturday Cinema-LL "Karate Kid 1" TBA Football Game UK vs Mississippi State-LL
<ul style="list-style-type: none"> 10:00 Southland Christian Church Televised ABC 36 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL <p>Diwali (Hindi)</p>	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Men's Club with Steve's Lapel Pin Collection-LL 2:00 Cooking Corner: Charcuterie Boards-EC 3:30 Resident Meet & Greet-EC 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Dale/Craig Music 3rd FL 10:30 Fun with Therapy- "Chair Yoga"-EC 1:00 Crafting Corner: Turkey Pots-EC 3:45 Dinner at Frisch's-OC TBA Basketball Game UK vs Kansas-LL 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:30 Morning News-EC 1:00 Bingo with Councilwoman Monarrez-EC 2:30 Scrabble-LL 3:00 Fancy Nails-EC 4:00 Midweek Prayer-LL 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:30 Bible Study-LL 10:45 BJ's Brewhouse Lunch Outing 2:00 Badminton-EC 3:30 Stories with Marie-FL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 10:30 Catholic Mass-BC 11:00 BP Check-LL 1:00 Bingo-EC 2:45 Gloria Award Party-EC 6:00 Music with Bobby-EC TBA Basketball Game UK vs Stonehill-LL 	<ul style="list-style-type: none"> 11:00 Catholic Communion-FL 2:00 Saturday Cinema-LL "Karate Kid 3" TBA Football Game UK vs South Carolina <p>Veterans Day Remembrance Day (Canada)</p>
<ul style="list-style-type: none"> 10:00 Southland Christian Church Televised ABC 36 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL 3:00 Music with Thomas-EC 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Minister Monday with Gary McQuain-EC 2:30 Roll the Dice Game-EC 6:00 Music with Mary-EC TBA Basketball Game UK vs St. Joseph-LL 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Dale/Craig Music-3rd FL 10:00 Walking Club-EC 1:00 Turkey Trivia-EC 2:30 Chef Demo-Cafe 3:30 Choir Practice-EC 6:00 Music with Millie-EC 	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:00 Book Van-2nd FL 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 4:00 Midweek Prayer-LL 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10-3 Turkey Hunt 10:00 Puzzle Pack Pickup Outside of Activity Office 1:30 Thanksgiving Traditions-EC <p>Thanksgiving Day (US)</p>	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 11:00 BP Check-LL 1:00 Bingo-EC 2:30 Painting with Brooklyn-EC 6:00 Music with Bobby-EC TBA Basketball Game UK vs Marshall-LL 	<ul style="list-style-type: none"> 11:00 Catholic Communion-FL 2:00 Saturday Cinema-LL "The Money Pit" TBA Football Game UK vs Louisville
<ul style="list-style-type: none"> 10:00 Southland Christian Church Televised ABC 36 1:30 Church Service with Chaplain Dale-EC 3:00 Scrabble-LL 	<ul style="list-style-type: none"> 10:00 Fit, Fun & Fab-EC 10:30 Morning News-EC 1:00 Drawing with Gary-3rd FL 3:30 Choir Practice-EC 6:00 Music with Mary-EC 	<ul style="list-style-type: none"> 9:30 Coffee & Donuts-EC 9:30 Puzzle Pack Pickup Outside of Activity Office <p>Please welcome our Trimming of The Trees Volunteers!</p>	<ul style="list-style-type: none"> 10:00 Tai Chi-EC 10:30 Morning News-EC 1:00 Bingo-EC 2:30 Scrabble-LL 4:00 Midweek Prayer-LL 6:00 Music with Bob-EC 	<ul style="list-style-type: none"> 9:30 Coffee Time-EC 10:30 Bible Study-LL 10:45 Lunch outing to IHOP and shopping at Regency Center 3:30 Crafting Corner: Winter Wreaths-EC 	<p>Dimensions of Wellness</p> <ul style="list-style-type: none"> Intellectual Emotional Physical Spiritual Social 	

**All Activities are subject to change. All changes will be posted ASAP. Thank You!