

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dimensions of Wellness <ul style="list-style-type: none"> ■ Intellectual ■ Emotional ■ Social ■ Spiritual ■ Physical 	<ul style="list-style-type: none"> ■ 10:00 News and Views ■ 11:00 Fun with Fitness ■ 11:30 Whiteboard Games ■ 2:30 Reminisce with Me ■ 3:30 Pet Therapy 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Coffee & Donuts ■ 11:00 Welcome August Trivia and Chat ■ 2:30 Tabletop Games ■ 3:30 Bobby Parris 	<ul style="list-style-type: none"> ■ 10:00 Sunshine Stories ■ 10:30 Corn Hole ■ 11:00 Finish the Phrase ■ 2:30 Cooking Club: Watermelon Day Recipe ■ 3:30 Magazine and Book Reading Hour ■ 6:00 TV Classics on the IN2L 	<ul style="list-style-type: none"> ■ 9:30 Hymn Sing Along with Craig & Dale ■ 10:30 Daily Devotional ■ 11:00 Short Story: Dinner for Two ■ 2:30 Bob Allen ■ 3:30 Popsicles and Punch 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Morning Stretch ■ 11:00 KARAOKE ■ 2:30 Paul Strang Trio-AR ■ 3:30 Table Chats ■ 6:00 Friday Night Flicks 	<ul style="list-style-type: none"> ■ 9:00 Rise & Shine ■ 10:30 Sing Along with Halle ■ 4:00 IN2L Exploration
Sunday News 7 <ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Televised ABC 36 ■ 10:30 Immanuel Baptist Church Televised LEX 18 ■ 3:00 Church Service with Chaplain Dale – LEC 	<ul style="list-style-type: none"> ■ 10:00 News and Views ■ 11:00 Fun with Fitness ■ 11:30 Whiteboard Games ■ 2:30 Reminisce with Me ■ 3:30 Pet Therapy 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Coffee & Donuts ■ 11:00 Finish the Song Title ■ 2:30 Tabletop Games ■ 3:30 Gardening Club 	<ul style="list-style-type: none"> ■ 10:00 Sunshine Stories ■ 10:30 Balloon Volleyball ■ 11:00 Junk Drawer Detective ■ 2:30 Cooking Club: National S'mores Day ■ 3:30 Magazine and Book Reading Hour ■ 6:00 TV Classics on the IN2L 	<ul style="list-style-type: none"> ■ 9:30 Hymn Sing Along with Craig & Dale ■ 10:30 Daily Devotional ■ 11:00 Reminiscing with the Senses: Jewelry ■ 2:30 August Birthday Party with Bob Allen-AR ■ 3:30 Soda and Snacks 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Morning Stretch ■ 11:00 Sing Along ■ 2:30 BINGO ■ 3:30 Table Chats ■ 6:00 Friday Night Flicks 	<ul style="list-style-type: none"> ■ 9:00 Rise & Shine ■ 10:30 Sing Along with Paula ■ 4:00 Keep Calm and Color
Sunday News 14 <ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Televised ABC 36 ■ 10:30 Immanuel Baptist Church Televised LEX 18 ■ 3:00 Church Service with Chaplain Dale – LEC 	<ul style="list-style-type: none"> ■ 10:00 News and Views ■ 11:00 Fun with Fitness ■ 11:30 Whiteboard Games ■ 2:30 Reminisce with Me ■ 3:30 Pet Therapy 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Coffee & Donuts ■ 11:00 Trivia and Chat ■ 2:30 Tabletop Games ■ 3:30 Gardening Club 	<ul style="list-style-type: none"> ■ 10:00 Sunshine Stories ■ 10:30 Bowling ■ 11:00 Pair Up Game ■ 2:30 Cooking Club: Vanilla Custard Day ■ 3:30 Piano Hour with Millie ■ 6:00 TV Classics on the IN2L 	<ul style="list-style-type: none"> ■ 9:30 Hymn Sing Along with Craig & Dale ■ 10:30 Daily Devotional ■ 11:00 Short Stories ■ 2:30 Gary Bertram-AR ■ 3:30 Soda and Snacks 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Morning Stretch ■ 11:00 Music Therapy ■ 2:30 BINGO ■ 3:30 Table Chats ■ 6:00 Friday Night Flicks 	<ul style="list-style-type: none"> ■ 9:00 Rise & Shine ■ 10:30 Sing Along with Carolyne ■ 4:00 EZ Does It Puzzles
Sunday News 21 <ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Televised ABC 36 ■ 10:30 Immanuel Baptist Church Televised LEX 18 ■ 3:00 Church Service with Chaplain Dale – LEC 	<ul style="list-style-type: none"> ■ 10:00 News and Views ■ 11:00 Fun with Fitness ■ 11:30 Whiteboard Games ■ 2:30 Reminisce with Me ■ 3:30 Pet Therapy 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Coffee & Donuts ■ 11:00 IN2L Exploration ■ 2:30 Tabletop Games ■ 3:30 Gardening Club 	<ul style="list-style-type: none"> ■ 10:00 Sunshine Stories ■ 10:30 Balloon Volleyball ■ 11:00 What Is It Game ■ 2:30 Cooking Club: Waffle Iron Brownies ■ 3:30 Magazine and Book Reading Hour ■ 6:00 TV Classics on the IN2L 	<ul style="list-style-type: none"> ■ 9:30 Hymn Sing Along with Craig & Dale ■ 10:30 Daily Devotional ■ 11:00 Picture This Discussion ■ 2:30 Creative Corner: Sun Catchers ■ 3:30 Ice Cream Cart 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Scenic Drive ■ 2:30 BINGO ■ 3:30 Table Chats ■ 6:00 Friday Night Flicks 	<ul style="list-style-type: none"> ■ 9:00 Rise & Shine ■ 10:30 Sing Along with Paula ■ 4:00 Keep Calm and Color
Sunday News 28 <ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Televised ABC 36 ■ 10:30 Immanuel Baptist Church Televised LEX 18 ■ 3:00 Church Service with Chaplain Dale – LEC 	<ul style="list-style-type: none"> ■ 10:00 News and Views ■ 11:00 Fun with Fitness ■ 11:30 Whiteboard Games ■ 2:30 Reminisce with Me ■ 3:30 Pet Therapy 	<ul style="list-style-type: none"> ■ 10:00 Daily Chronicle ■ 10:30 Coffee & Donuts ■ 11:00 Trivia and Chat ■ 2:30 Bill Kelly Performs-AR ■ 3:30 Gardening Club 	<ul style="list-style-type: none"> ■ 10:00 Sunshine Stories ■ 10:30 Corn Hole ■ 11:00 Finish the Phrase ■ 2:30 Cooking Club: Trail Mix Chocolate Bites ■ 3:30 Magazine and Book Reading Hour ■ 6:00 TV Classics on the IN2L 	<h1 style="margin: 0;">August 2022</h1> <p style="margin: 0;">Reflections Activities </p>		

*All Activities are subject to change. All changes will be posted ASAP. Thank you!