

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><u>Dimensions of Wellness</u></p> <ul style="list-style-type: none"> ■ Intellectual ■ Emotional ■ Social ■ Spiritual ■ Physical 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 1 ■ 12:30-4:00 Shopping Trip to Hobby Lobby ■ 1:30 Meet the Expert Travels with Eric-FT ■ 2:30 Reminisce- FT "Your Best Friend" 	<ul style="list-style-type: none"> ■ 8:30 Kroger Run 2 ■ 10:00-1:00 Farm Mkt -BB ■ 2:00 Combined Worship & Word Bible Studies -BB cafe ■ 2:30 Energizers Dance Performance- FT ■ 3:30 SGT Practice -FT ■ 4:30-5:00 BP Checks -BB ■ 5:00-5:30 BP Checks2-FV 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 3 ■ 2:30 Bing- BB Café ■ 4:00 Midweek Prayer-FT ■ Book Van Visit 	<ul style="list-style-type: none"> ■ 2:00 Young at Heart Band Performance- FT 4 ■ 3:30 Stories with Marie-FT 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 5 ■ 6:00 Music with Bobby-FT 	<ul style="list-style-type: none"> ■ 10:00 Catholic Communion-BB Chapel 6 ■ 1:00 Mary Kay Bingo-Café ■ 6:00 Saturday Cinema- "The Long, Long Trailer"-FT 	
<ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Service-Channel 10 7 ■ 1:30 Church Service with Tom Cruze- FT ■ 2:00 Chapel Service-BB Chapel 	<ul style="list-style-type: none"> ■ 10:00 Exercise -FT 8 ■ 12:30-4:00 Shopping Trip to Meijer/Fayette Mall ■ 1:30 Hymn Sing with Barbara-FT ■ 5:30 Music with Terry & Al-FT 	<ul style="list-style-type: none"> ■ 8:30 Kroger Run 9 ■ 10:00-1:00 Farmer's Market- BB ■ 2:00 Combined Worship & Word Bible Studies-BB Café ■ 3:30 SGT Practice- FT ■ 4:30-5:00 BP Checks-BB ■ 5:00-5:30 BP Checks-FV 	<ul style="list-style-type: none"> ■ 10:00 Exercise- FT 10 ■ 2:30 Bingo- BB Café ■ 4:00 Midweek Prayer- FT 	<ul style="list-style-type: none"> ■ 9:50 Better with Age at Tates Creek Christian Church- Sign up in Activity Book 11 ■ 5:00 Music with Paul-FT 	<ul style="list-style-type: none"> ■ 10:00 Exercise- FT 12 ■ 3 00 Vinyl Record Dance Party-FT 	<ul style="list-style-type: none"> ■ 8:00-10:00 Waffle Breakfast-Café 13 ■ 10:00 Catholic Communion-BB Chapel ■ 6:00 Saturday Cinema-FT "Rear Window" 	
<ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Service-Channel 10 14 ■ 1:30 Church Service with Chaplain Dale-FT ■ 2:00 Chapel Service-BB Chapel 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 15 ■ 12:30-4:00 Shopping Trip To Walmart ■ 1:30 Charades-FT ■ 5:30 Music with Mary-FT 	<ul style="list-style-type: none"> ■ 8:30 Kroger Run 16 ■ 10:00-1:00 Farmer's Market- BB ■ 2:00 Combined Worship & Word Bible Studies- BB Café ■ 3:30 SGT Practice-FT ■ 4:30-5:00 BP Checks-BB ■ 5:00-5:30 BP Checks-FV ■ 6:00 Music with Millie-FT 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 17 ■ 2:30 Bingo- BB Café ■ 4:00 Midweek Prayer- FT ■ 4:00 Music with Bob-FT ■ Book Van Visit 	<ul style="list-style-type: none"> ■ 3:30 Word Scramble Game- FT 18 	<ul style="list-style-type: none"> ■ 1:00 Forest View Topics- 2nd Floor FV 19 ■ 6:00 Music with Bobby-FT 	<ul style="list-style-type: none"> ■ 10:00 Catholic Communion-BB Chapel 20 ■ 2:00 Resident Birthday Party- Café ■ 6:00 Saturday Cinema- "From Here to Eternity" -FT 	
<ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Service-Channel 10 21 ■ 1:30 Church Service with Chaplain Dale-FT ■ 2:00 Chapel Service- BB Chapel 	<ul style="list-style-type: none"> ■ 10:00 Exercise- FT 22 ■ 12:30-4:00 Shopping Trip to Dollar Tree ■ 5:30 Music with Mary- FT 	<ul style="list-style-type: none"> ■ 8:30 Kroger Run 23 ■ 10:00-1:00 Farmer's Market- BB ■ 2:00 Combined Worship & Word Bible Studies-BB Café ■ 3:30 SGT Practice-FT ■ 4:30-5:00 BP Checks-BB ■ 5:00-5:30 BP Checks-FV 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 24 ■ 2:30 Bingo-BB Café ■ 4:00 Midweek Prayer-FT ■ 4:00 Music with Bob-FT 	<ul style="list-style-type: none"> ■ 5:00 Music with Brighter Day Trio-FT 25 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 26 ■ 10:30 Catholic Mass-BB Chapel ■ 6:00 Music with Gary-FT 	<ul style="list-style-type: none"> ■ 10:00 Catholic Communion-BB Chapel 27 ■ 6:00 Saturday Cinema- "Elvis Movie" - FT 	
<ul style="list-style-type: none"> ■ 10:00 Southland Christian Church Service- Channel 10 28 ■ 1:30 Church Service with Chaplain Dale- FT ■ 2:00 Chapel Service-BB Chapel 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 29 ■ 3:30 Stories with Marie-FT 	<ul style="list-style-type: none"> ■ 8:30 Kroger Run 30 ■ 10:00-1:00 Farmer's Market-BB ■ 2:00 Combined Worship & Word Bible Studies-BB Café ■ 3:30 SGT Practice-FT ■ 4:30-5:00 BP Checks-BB ■ 5:00-5:30 BP Checks-FV 	<ul style="list-style-type: none"> ■ 10:00 Exercise-FT 31 ■ 2:30 Bingo-BB Café ■ 4:00 Mid-Week Prayer- FT ■ Book Van Visit 	<h1 style="font-size: 4em; margin: 0;">August 2022</h1> <h2 style="font-size: 1.5em; margin: 0;">Forest View/Baunta Activities</h2>			

*All Activities are subject to change. All changes will be posted ASAP. Thank you!