

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2022

Reflections Activities 

						<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Morning Stretch</li> <li>11:00 KARAOKE</li> <li>2:30 Paul Strang Trio-AR</li> <li>3:30 Table Chats</li> <li>6:00 Friday Flicks</li> </ul>		1			2	<ul style="list-style-type: none"> <li>9:00 Rise &amp; Shine</li> <li>10:30 Noodle Ball Toss</li> <li>4:00 IN2L Exploration</li> </ul>
Canada Day												
<p>Sunday News <b>3</b></p> <ul style="list-style-type: none"> <li>10:00 Southland Christian Church Televised ABC 36</li> <li>10:30 Immanuel Baptist Church Televised LEX 18</li> <li>3:00 Church Service with Chaplain Dale – LEC</li> </ul>	<ul style="list-style-type: none"> <li>10:00 News and Views</li> <li>11:00 Fun with Fitness</li> <li>11:30 Fourth of July Trivia</li> <li>2:30 Fourth of July Party-AR/CY</li> </ul>	4	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Coffee &amp; Donuts</li> <li>11:00 Trivia and Chat</li> <li>2:30 Tabletop Games</li> <li>3:30 Bobby Parris</li> </ul>	5	<ul style="list-style-type: none"> <li>10:00 Sunshine Stories</li> <li>10:30 Corn Hole</li> <li>11:00 Finish the Phrase</li> <li>2:30 Cooking Club: Chocolate Chip Cookies</li> <li>3:30 Lemonade on the Patio</li> <li>6:00 Western Wednesday Movie</li> </ul>	6	<ul style="list-style-type: none"> <li>9:30 Hymn Sing Along with Craig &amp; Dale</li> <li>10:30 Daily Devotional</li> <li>11:00 Short Story: Dog Days of Summer</li> <li>2:30 Water Paint Pictures</li> <li>3:30 Popsicles and Punch</li> </ul>	7	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Morning Stretch</li> <li>11:00 Sing Along</li> <li>2:30 BINGO</li> <li>3:30 Table Chats</li> <li>6:00 Friday Flicks</li> </ul>	8	<ul style="list-style-type: none"> <li>9:00 Rise &amp; Shine</li> <li>10:30 Sing Along with Carolyne</li> <li>4:00 EZ Does It Puzzles</li> </ul>	9
Independence Day (US)												
<p>Sunday News <b>10</b></p> <ul style="list-style-type: none"> <li>10:00 Southland Christian Church Televised ABC 36</li> <li>10:30 Immanuel Baptist Church Televised LEX 18</li> <li>3:00 Church Service with Chaplain Dale – LEC</li> </ul>	<ul style="list-style-type: none"> <li>10:00 News and Views</li> <li>11:00 Fun with Fitness</li> <li>11:30 Let's Travel: Route 66</li> <li>2:30 Reminisce with Me</li> <li>3:30 Pet Therapy</li> </ul>	11	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Coffee &amp; Donuts</li> <li>11:00 Route 66 Trivia and Chat</li> <li>2:30 Tabletop Games</li> <li>3:30 Gardening Club</li> </ul>	12	<ul style="list-style-type: none"> <li>10:00 Sunshine Stories</li> <li>10:30 Balloon Volleyball</li> <li>11:00 Junk Drawer Detective</li> <li>2:30 Cooking Club: Route 66 Diner Delicacies</li> <li>3:30 Lemonade on the Patio</li> <li>5:00 Theme Dinner with Brighter Day Entertainment-LEC</li> </ul>	13	<ul style="list-style-type: none"> <li>9:30 Hymn Sing Along with Craig &amp; Dale</li> <li>10:30 Daily Devotional</li> <li>11:00 Reminiscing with the Senses: Lemonade Stands</li> <li>2:30 Painting Party: Route 66 Signs</li> </ul>	14	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Morning Stretch</li> <li>11:00 KARAOKE</li> <li>2:30 BINGO</li> <li>3:30 Table Chats</li> <li>6:00 Friday Flicks</li> </ul>	15	<ul style="list-style-type: none"> <li>9:00 Rise &amp; Shine</li> <li>10:30 Bowling</li> <li>4:00 Keep Calm and Color</li> </ul>	16
<p>Sunday News <b>17</b></p> <ul style="list-style-type: none"> <li>10:00 Southland Christian Church Televised ABC 36</li> <li>10:30 Immanuel Baptist Church Televised LEX 18</li> <li>3:00 Church Service with Chaplain Dale – LEC</li> </ul>	<ul style="list-style-type: none"> <li>10:00 News and Views</li> <li>11:00 Fun with Fitness</li> <li>11:30 Whiteboard Games</li> <li>2:30 Reminisce with Me</li> <li>3:30 Pet Therapy</li> </ul>	18	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Coffee &amp; Donuts</li> <li>11:00 Trivia and Chat</li> <li>2:30 Tabletop Games</li> <li>3:30 Gardening Club</li> </ul>	19	<ul style="list-style-type: none"> <li>10:00 Sunshine Stories</li> <li>10:30 Giant Ring Toss</li> <li>11:00 Sorting Summer Scenes</li> <li>2:30 Cooking Club: Bake a Cake</li> <li>3:30 Piano with Millie</li> <li>6:00 Western Wednesday Movie</li> </ul>	20	<ul style="list-style-type: none"> <li>9:30 Hymn Sing Along with Craig &amp; Dale</li> <li>10:30 Daily Devotional</li> <li>11:00 Short Story: Two Can Ride at That Game</li> <li>2:30 Gary Bertram- AR</li> <li>3:30 Ice Cream Social</li> </ul>	21	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Morning Stretch</li> <li>11:00 Music Therapy</li> <li>2:30 BINGO</li> <li>3:30 Table Chats</li> <li>6:00 Friday Flicks</li> </ul>	22	<ul style="list-style-type: none"> <li>9:00 Rise &amp; Shine</li> <li>10:30 Sing Along with Carolyne</li> <li>4:00 EZ Does It Puzzles</li> </ul>	23
<p>Sunday News <b>24</b></p> <ul style="list-style-type: none"> <li>10:00 Southland Christian Church Televised ABC 36</li> <li>10:30 Immanuel Baptist Church Televised LEX 18</li> <li>3:00 Church Service with Chaplain Dale – LEC</li> </ul>	<ul style="list-style-type: none"> <li>10:00 News and Views</li> <li>11:00 Fun with Fitness</li> <li>11:30 Whiteboard Games</li> <li>2:30 Reminisce with Me</li> <li>3:30 Pet Therapy</li> </ul>	25	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Coffee &amp; Donuts</li> <li>11:00 Trivia and Chat</li> <li>2:30 Tabletop Games</li> <li>3:30 Gardening Club</li> </ul>	26	<ul style="list-style-type: none"> <li>10:00 Sunshine Stories</li> <li>10:30 Balloon Volleyball</li> <li>11:00 Name 5</li> <li>2:30 Cooking Club: Summer Salad</li> <li>3:30 Lemonade on the Patio</li> <li>6:00 Western Wednesday Movie</li> </ul>	27	<ul style="list-style-type: none"> <li>9:30 Hymn Sing Along with Craig &amp; Dale</li> <li>10:30 Daily Devotional</li> <li>11:00 Reminiscing with the Senses: Remembering Bicycling</li> <li>2:30 Chocolate Milk Social</li> </ul>	28	<ul style="list-style-type: none"> <li>10:00 Daily Chronicle</li> <li>10:30 Scenic Drive</li> <li>2:30 Bill Kelly - AR</li> <li>3:30 Table Chats</li> <li>6:00 Friday Flicks</li> </ul>	29	<ul style="list-style-type: none"> <li>9:00 Rise &amp; Shine</li> <li>10:30 Sing Along with Paula</li> <li>4:00 Keep Calm and Color</li> </ul>	30
<p>Sunday News <b>31</b></p> <ul style="list-style-type: none"> <li>10:00 Southland Christian Church Televised ABC 36</li> <li>10:30 Immanuel Baptist Church Televised LEX 18</li> <li>3:00 Church Service with Chaplain Dale – LEC</li> </ul>	<p><u>Dimensions of Wellness</u></p> <ul style="list-style-type: none"> <li>Intellectual</li> <li>Emotional</li> <li>Social</li> <li>Spiritual</li> <li>Physical</li> </ul>											

**\*\*All Activities are subject to change. All changes will be posted ASAP. Thank you!**