

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Tom Cruze - MR †</p> <p>May Day</p>	<p>9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Jeopardy - MR♦ 2:00 Lifelong Learning: The Art of Soap Making - MR♦ 3:30 Monday Movers: Exercise Bingo - MR♥</p>	<p>8:30 Kroger Run 🎵 9:30 Coffee & Donuts - C 🎵 10:30 Blood Pressure Checks - LL♥ 2:00 Scrabble - LL♦ 3:00 Food Committee - MR 🎵 6:00 Music w/ Millie - C ☀️</p>	<p>9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Bingo - MR 🎵 2:00 Derby Hat Making - C 🎵 3:30 Midweek Prayer Pause - MR †</p>	<p>9:00 Morning News Crew - C 🎵 10:30 Bible Study - LL † 1:00 Stories w/ Marie - FL ☀️ 2:15 Cinco De Mayo Party With Bingo - MR 🎵 5:00 Music w/ Paul - C ☀️</p> <p>Cinco de Mayo</p>	<p>9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 2:00 Porch Punch Sip and Sit - Expansion Courtyard 🎵 3:30 Board Games - LL♦ 6:00 Music w/ Bobby - C ☀️</p>	<p>10:00 Mother's Day Tea - MR 🎵 11:00 Catholic Communion - FL † 2:00 Saturday Cinema: Ride Like a Girl- LL 🎵 4:00 Derby Party - MR 🎵</p>	
<p>10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Chaplain Dale - MR †</p> <p>Mother's Day</p>	<p>8 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 2:00 Scrabble - LL♦ 3:30 Choir Practice-MR 🎵 5:30 Music w/ Terry and AI - MR 🎵</p>	<p>9 8:30 Kroger Run 🎵 9:30 Coffee & Donuts - C 🎵 10:30 Blood Pressure Checks - LL♥ 2:00 Continuing Education: The Lexington Senior Center - MR♦ 2:00 Market Cart - C 🎵 5:30 New Resident and Staff Meet and Greet - MR 🎵</p>	<p>10 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Bingo - MR 🎵 2:00 Creative Writing Club - MR♦ 3:30 Midweek Prayer Pause - MR †</p>	<p>11 9:00 Morning News Crew - C 🎵 10:30 Bible Study - LL † 1:00 Thursday Theater Oklahoma! - MR 🎵 2:00 Living Arts Outing♦ 5:30 Singing into Spring Hymn Sing - Expansion Courtyard 🎵</p>	<p>12 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Bingo - MR 🎵 3:00 Friday Funnies Comedy Hour - MP ☀️ 5:30 Music w/ Thomas - C ☀️</p>	<p>13 10:00 Exercise - MR♥ 11:00 Catholic Communion - FL † 2:00 Saturday Cinema: Rescued by Ruby - LL 🎵</p>	
<p>15 10:00 Southland Christian Church Service Channel ABC † 2:00 Church Service with Gary Laws - MR †</p>	<p>16 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 2:00 Choir Practice - MR 🎵 3:30 Walking Club - Meet at the Front Desk♥ 6:00 Music w/ Bobby - C 🎵</p>	<p>17 8:30-3:00 Shuttle to Voting Location 🎵 9:30 Coffee & Donuts - C 🎵 10:30 Blood Pressure Checks - LL♥ 2:00 Scrabble - LL♦ 3:30 Violin w/ Craig - C ☀️ 6:00 Music w/ Millie - C ☀️</p>	<p>18 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Bingo - MR 🎵 2:00 Virtual Tour: Metropolitan Museum of Art♦ 3:30 Midweek Prayer Pause - MR † 4:00 Music w/ Bob - C ☀️</p>	<p>19 9:00 Morning News Crew - C 🎵 10:30 Bible Study - LL † 2:30 Outing to Buffalo Trace Distillery - Sign up in Activity Book 🎵 2:30 Cooking Demo With Chef Justin - C♦ 5:00 Brighter Day Music - C ☀️</p>	<p>20 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Bingo - MR 🎵 4:00 Bean and Cornbread Social - MR 🎵 6:15 Floyd Family Singers - MR ☀️</p>	<p>21 10:00 Exercise - MR♥ 11:00 Catholic Communion - FL † 2:00 Saturday Cinema: Dreamer - LL 🎵</p> <p>Armed Forces Day</p>	
<p>22 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Chaplain Dale - MR †</p>	<p>23 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 2:00 Ministry Monday: SHC Hymn Sing - Sign up in Activity Book ☀️ 3:30 Courtyard Fellowship and Games - Expansion Courtyard 🎵 5:30 Music w/ Mary - C ☀️</p> <p>Victoria Day (Canada)</p>	<p>24 8:30 Kroger Run 🎵 9:30 Coffee & Donuts - C 🎵 10:30 Blood Pressure Checks - LL♥ 1:00 Drama Club - LL 🎵 2:00 Scrabble - LL♦ 2:00 Market Cart - C 🎵 3:00 Craft: Make a Socktopus - MR 🎵</p>	<p>25 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Lexington Mounted Police Visit - Gather at the Dining Room Outdoor Patio 🎵 2:30 Bingo - MR 🎵 3:30 Midweek Prayer Pause - MR † 4:00 Music w/ Bob - C ☀️</p>	<p>26 9:00 Morning News Crew - C 🎵 10:30 Bible Study - LL † 1:00 Stories w/ Marie - FL ☀️ 2:30 May Birthday Party - MR 🎵 4:00 Thursday Thinkers Puzzle Pack - C 🎵 5:30 Music w/ Thomas - C ☀️</p>	<p>27 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 1:00 Bingo - MR 🎵 2:30 Music with Lee and Loren - MR ☀️ 3:30 Memorial Day Honor Wall - MR 🎵</p>	<p>28 10:00 Exercise - MR♥ 11:00 Catholic Communion - FL † 2:00 Saturday Cinema: Richie Rich - LL 🎵</p>	
<p>29 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Chaplain Dale - MR †</p>	<p>30 9:00 Yoga - LL♥ 10:00 Exercise - MR♥ 2:00 Painting with a Twist - MR♦ 3:30 Walking Club - Meet at the Front Desk♥ 5:30 Music w/ Mary - C ☀️</p> <p>Memorial Day</p>	<p>31 8:30 Kroger Run 🎵 9:30 Coffee & Donuts - C 🎵 10:30 Blood Pressure Checks - LL♥ 2:00 Scrabble - LL♦ 3:30 Violin w/ Craig - C ☀️</p>	<p>Dimensions of Wellness</p> <ul style="list-style-type: none"> Intellectual♦ Emotional☀️ Social🎵 Spiritual† Physical♥ 			<h1>May 2022</h1> <h2>Friendship Towers</h2>	

*All Activities are subject to change. All changes will be posted ASAP. Thank you.