

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Rise, Shine & Breakfast ☀ 10:00 Southland Christian Church Servicer on Channel ABC † 1:30 Church Service with Dale † <small>May Day</small>	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 May Trivia ♦ 2:00 Pet Therapy ☀ 3:00 Activity Cart ☀	8:00 Rise, Shine & Breakfast ☀ 9:30 Church Service with Dale † 1:00 Chaplain Visits † 1:30 Craft Corner (Derby Hats) ☀ 3:00 Darts ♥	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Bingo 🎵 3:00 Lifelong Learning: All about the Kentucky Derby ♦	8:00 Rise, Shine & Breakfast ☀ 10:30 Current Events ♦ 1:30 Cooking Corner: Walking Tacos 🎵 2:00 Cinco de Mayo Party 🎵 3:30 Checkers ♦ <small>Cinco de Mayo</small>	8:00 Rise, Shine & Breakfast ☀ 9:00 Zoo Trip 🎵 10:30 Exercise ♥ 1:30 Word Search ♦ 2:00 Pick your Derby Horse ☀ 3:00 Coloring Our World ☀ 6:00 Friday Flicks 🎵	8:00 Rise, Shine & Breakfast ☀ 10:00 Mother's Day Tea 🎵 11:00 Game Table: Resident Choice ♦ 3:00 Bingo 🎵 6:00 Kentucky Derby 🎵
8:00 Rise, Shine & Breakfast ☀ 10:00 Southland Christian Church Servicer on Channel ABC † 1:30 Church Service with Dale † <small>Mother's Day</small>	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Sensory Hour ☀ 2:00 Pet Therapy ☀ 3:00 Activity Cart ☀	8:00 Rise, Shine & Breakfast ☀ 9:30 Church Service with Dale † 1:00 Chaplain Visits † 1:30 Room Visits ☀ 3:00 Golf Toss ♥ 6:00 Bobby Parris Music 🎵	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Bingo 🎵 3:00 Outdoor Social 🎵	8:00 Rise, Shine & Breakfast ☀ 10:30 Current Events ♦ 1:30 Glamour Nails 🎵 3:00 Things... (Discussion Group) ♦	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Travelogue: Europe ♦ 3:00 Jigsaw Puzzles ♦ 6:00 Friday Flicks 🎵	8:00 Rise, Shine & Breakfast ☀ 11:00 Game Table: Hungry Hippos ♦ 3:00 Bingo 🎵 6:00 Afternoon TV 🎵
8:00 Rise, Shine & Breakfast ☀ 10:00 Southland Christian Church Servicer on Channel ABC † 1:30 Church Service with Dale †	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Men's Group 🎵 2:00 Pet Therapy ☀ 3:00 Activity Cart ☀	8:00 Rise, Shine & Breakfast ☀ 9:30 Church Service with Dale † 1:00 Chaplain Visits † 1:30 Crafting Corner: Stained Glass ☀ 3:00 Bob Allen Music 🎵	8:00 Rise, Shine & Breakfast ☀ 9:00 Podiatry ☀ 10:30 Exercise ♥ 1:30 Bingo 🎵 3:00 Popcorn Social 🎵	8:00 Rise, Shine & Breakfast ☀ 10:30 Current Events ♦ 1:30 Horseshoes ♥ 3:00 Dice Bingo ♦	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Reminiscing ☀ 3:00 Balloon Toss ♥ 6:00 Friday Flicks 🎵	8:00 Rise, Shine & Breakfast ☀ 11:00 Game Table: Sorry ♦ 3:00 Bingo 🎵 6:00 Afternoon TV 🎵 <small>Armed Forces Day</small>
8:00 Rise, Shine & Breakfast ☀ 10:00 Southland Christian Church Servicer on Channel ABC † 1:30 Church Service with Dale †	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Sing-along ☀ 2:00 Pet Therapy ☀ 3:00 Activity Cart ☀ <small>Victoria Day (Canada)</small>	8:00 Rise, Shine & Breakfast ☀ 9:30 Church Service with Dale † 1:00 Chaplain Visits † 1:30 Craft Hour (Memorial Day Door Hanger) ☀ 3:00 Horseshoes ♥	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Bingo 🎵 3:00 Outdoor Social 🎵	8:00 Rise, Shine & Breakfast ☀ 10:30 Current Events ♦ 1:30 Tic-Tac-Toe ♦ 2:00 Mike Archer Music 🎵 3:00 Old Sayings ♦	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Discussion Ball Toss ☀ 3:00 UNO ♦ 6:00 Friday Flicks 🎵	8:00 Rise, Shine & Breakfast ☀ 11:00 Game Table: Checker's ♦ 3:00 Bingo 🎵 6:00 Afternoon TV 🎵
8:00 Rise, Shine & Breakfast ☀ 10:00 Southland Christian Church Servicer on Channel ABC † 1:30 Church Service with Dale †	8:00 Rise, Shine & Breakfast ☀ 10:30 Exercise ♥ 1:30 Word Search ♦ 3:00 Coloring Our World ☀ <small>Memorial Day</small>	8:00 Rise, Shine & Breakfast ☀ 9:30 Church Service with Dale † 1:00 Chaplain Visits † 2:00 Monthly Birthday Party 🎵 3:30 Jigsaw Puzzles ♦	Dimensions of Wellness Intellectual ♦ Emotional ☀ Social 🎵 Spiritual † Physical ♥ 			

May 2022

ALMC

*All Activities are subject to change. All changes will be posted ASAP. Thank you.