

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

BAUNTA & FOREST VIEW

| | | | | | | | | | | | | | |
|---|----|---|----|---|----|---|--|---|----|---|----|--|----|
| | | | | | | | 10:00 Exercise - FT ♥ 2:00 Saturday Cinema: Here Comes the Boom - FT 🎵 | 1 | | | | | |
| | | | | | | | New Year's Day | | | | | | |
| 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Tom Cruze - MR † | 2 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 1:00 Worship & Word with Chaplain Dale - FV 3 rd FL † 2:00 Choir Practice - FT 🎵 2:30 Worship & Word with Chaplain Dale - BB Chapel † 3:30 Tea and Trivia - C ♦ | 3 | 8:30 Kroger Bus Run 🎵 1:00 Pretty Nails - FV 3 rd FL 🌞 11:00 BP Check - BB Chapel ♥ 2:00 Scrabble - FT ♦ 2:00 Chair Exercise with Susan - BB Café ♥ 3:30 Jeopardy - FT 🎵 | 4 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:00 Bingo - BB Café 🎵 3:30 Midweek Prayer Pause - FT † 4:30 Reminiscing: Sledding and Winter Fun - FT ♦ | 5 | 10:00 Chair Exercise with Susan - BB Café ♥ 11:00 BP Check - BB Chapel ♥ 11:30 BP Check - FV 1 st FL ♥ 2:00 Flat Out Fun Dancers - FT 🌞 3:30 Stories with Marie - FT 🌞 5:00 Music with Paul - FT 🌞 | 6 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:30 Drama Club - FT 🎵 3:30 Card Games - FT 🎵 6:00 Music with Bobby - FT 🌞 | 7 | 1:00 Mary Kay Bingo - BB Café 🎵 2:00 Exercise - FT ♥ 6:00 Happy Birthday Elvis Movie Night - FT 🎵 | 8 |
| 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Chaplain Dale - MR † 3:00 Music with Thomas -MR 🌞 | 9 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 1:00 Worship & Word with Chaplain Dale - FV 3 rd FL † 2:00 Choir Practice - FT 🎵 2:30 Worship & Word with Chaplain Dale - BB Chapel † 5:30 Music w/ Terry & AI - FT 🌞 | 10 | 8:30 Kroger Bus Run 🎵 11:00 BP Check - BB Chapel ♥ 1:00 Stories with Marie - FV 3 rd FL 🌞 2:00 Scrabble - FT ♦ 2:00 Chair Exercise with Susan - BB Café ♥ 3:30 Sewer's Circle - FT 🌞 6:00 Music with Millie - FT 🌞 | 11 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:00 Bingo - BB Café 🎵 3:30 Midweek Prayer Pause - FT † 5:00 Mid-week Movie Night- FT 🌞 | 12 | 10:00 Chair Exercise with Susan - BB Café ♥ 11:00 BP Check - BB Chapel ♥ 11:30 BP Check - FV 1 st FL ♥ 2:00 Lifelong Learning; The Christian Calendar Year - FT 🌞 5:00 Thinking Thursday Puzzle Packs - FT ♦ | 13 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 4:30 Board Games - FT 🌞 | 14 | 8:00-10:00 Waffle Breakfast - BB Café 🎵 10:00 Exercise - FT ♥ 2:00 Saturday Cinema: Stepmom - LL 🎵 | 15 |
| 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Chaplain Dale - MR † | 16 | 10:00 Martin Luther King, Jr. Day Puzzle Pack - Front Desk Pickup 🎵 1:00 Worship & Word with Chaplain Dale - FV 3 rd FL † 2:00 Choir Practice - FT 🎵 2:30 Worship & Word with Chaplain Dale - BB Chapel † 5:30 Music with Mary - FT 🌞 <small>Martin Luther King Jr. Day</small> | 17 | 8:30 Kroger Bus Run 🎵 11:00 BP Check - BB Chapel ♥ 1:00 Trivia - FV 3 rd FL ♦ 2:00 Scrabble - FT ♦ 2:00 Chair Exercise with Susan - BB Café ♥ | 18 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:00 Bingo - BB Café 🎵 3:30 Midweek Prayer Pause - FT † 4:00 Music with Bob- FT 🌞 | 19 | 10:00 Chair Exercise with Susan - BB Café ♥ 11:00 BP Check - BB Chapel ♥ 11:30 BP Check - FV 1 st FL ♥ 5:00 Brighter Day Music - FT 🌞 | 20 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:30 Nature Club: - FT ♦ 4:00 Friday Funnies Comedy Hour - FT 🌞 6:00 Music with Bobby - FT 🌞 | 21 | 10:00 Exercise - FT ♥ 2:00 Saturday Cinema: Sabrina - FT 🎵 | 22 |
| 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Gary Laws - MR † 3:00 Music with Thomas -MR 🌞 <small>Activity Professionals Week</small> | 23 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 1:00 Worship & Word with Chaplain Dale - FV 3 rd FL † 2:00 Choir Practice - FT 🎵 2:30 Worship & Word with Chaplain Dale - BB Chapel † 3:30 Tea and Trivia - FT ♦ 5:30 Music with Mary - FT 🌞 | 24 | 8:30 Kroger Bus Run 🎵 1:00 Craft- FV 3 rd FL 🎵 11:00 BP Check - BB Chapel ♥ 2:00 Scrabble - FT ♦ 2:00 Chair Exercise with Susan - BB Café ♥ 6:00 Music with Millie - C 🌞 | 25 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:00 Bingo - BB Café 🎵 3:30 Midweek Prayer Pause - FT † 4:00 Music with Bob - FT 🌞 | 26 | 10:00 Chair Exercise with Susan - BB Café ♥ 11:00 BP Check - BB Chapel ♥ 11:30 BP Check - FV 1 st FL ♥ 2:30 Indoor Rec - FT ♥ 3:30 Violin with Craig - FT 🌞 | 27 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 2:30 Book Buddies - FT ♦ 6:00 Music with Gary - FT 🌞 | 28 | 10:00 Exercise - FT ♥ 2:00 Saturday Cinema: Enola Holmes - FT 🎵 | 29 |
| 10:00 Southland Christian Church Service Channel ABC † 1:30 Church Service with Chaplain Dale - MR † | 30 | 9:00 Yoga - FT ♥ 10:00 Exercise - FT ♥ 1:00 Worship & Word with Chaplain Dale - FV 3 rd FL † 2:00 Choir Practice - FT 🎵 2:30 Worship & Word with Chaplain Dale - BB Chapel † 3:30 Tea and Trivia - FT ♦ | 31 | Dimensions of Wellness Intellectual ♦ Emotional 🌞 Social 🎵 Spiritual † Physical ♥ <small>Australia Day (observed)</small> | | | | | | | | | |

**All Activities are subject to change. All changes will be posted ASAP.