

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019 Sayre Healthcare Center

Units 100-200

<p><b>January 2019 Sayre Healthcare Center</b></p> <p>Units 100-200</p>	<p><b>1</b> 10:30 Exercise -L 11:00 Music with Helen in the Lounge 2:30 Hot Cocoa &amp; New Year Resolutions in the Café 4:30 Bean Bag Toss on 100 Unit <i>New Year's Day</i></p>	<p><b>2</b> 10:30 Praise Songs in the Chapel <b>Activity Cart</b> 2:30 Movie and Popcorn "The Man Who Knew Too Much" Jimmy Stewart &amp; Doris Day- LEC</p>	<p><b>3</b> 10:30 Exercise and 'Name That Song'-L 2:30 Devotion and Song in the Lounge 4:00 Library Cart 6:30 Resident Flower Group – Café <b>Sue C. Birthday</b></p>	<p><b>4</b> <b>National Trivia Day</b> 10:30 Exercise –L 11:00 Trivia Fun in the Lounge 2:00 Pretty Nails and Gabby Gals – Café</p>	<p><b>5</b> <b>Week At A Glance &amp; Daily Chronicles</b> <b>1p UK vs Alabama</b> 2:00 Fresh Baked Cookies and Gaither Classics – 100 L 3:00 Bingo Express in the Cafe</p>	
<p><b>6</b> <b>Family Day</b> Lounge Games <b>Volunteer Visits</b> 3:00 Sunday Worship Service &amp; Communion- LEC</p>	<p><b>7</b> 10:30 'Movin and Groovin to the Oldies' in the Lounge 2:30 Volunteer Bingo Fun in the LEC 3:30 Pet Visits with Dolly</p>	<p><b>8</b> 10:30 Exercise with Musical Instruments-L 11:00 Trivia Time –L <b>Activity Cart with Balloon Toss</b> 2:30 Jewelry Crafting Fun in the Café <b>7p UK vs Texas</b></p>	<p><b>9</b> 10:30 Praise Songs in the Chapel <b>Activity Cart with Reading Rainbow</b> 2:30 Parachute Fun in the LEC 2p-4p Paws for a Cause Pet Therapy <b>Grace B. Birthday</b></p>	<p><b>10</b> 10:30 Exercise and Sing A Longs -L 2:30 Devotion and Song in the Lounge 4:00 Mobile Spa 6:30 Resident Flower Group - Cafe</p>	<p><b>11</b> 10:30 Exercise –L 11:00 Travelocity to China with IN2L- in the Lounge 1:30 Wal-Mart Shopping Outing 7:00 Pet Visits</p>	<p><b>12</b> <b>Week At A Glance &amp; Daily Chronicles</b> 2:00 Fresh Baked Cookies and Gaither Classics – 100 L 3:00 Chocolate Bingo in Cafe <b>8:30 UK vs Vanderbilt</b></p>
<p><b>13</b> <b>Family Day</b> Lounge Puzzles <b>Volunteer Visits</b> 3:00 Sunday Worship Service &amp; Communion- LEC <b>Walter H. Birthday</b></p>	<p><b>14</b> 10:30 Old Time Gospel with Dale Cole in the Lounge <b>Activity Cart Visits</b> 2:30 Volunteer Bingo Fun in the LEC 3:30 Pet Visits with Dolly</p>	<p><b>15</b> 10:30 Exercise with Musical Instruments-L 11:00 Trivia Time –L 2:30 <b>Winter Tea</b> with music by Lee Patrick and Loren Tice 'Fruit Cocktail' in the LEC <b>7p UK vs Georgia</b></p>	<p><b>16</b> 10:30 Praise Songs in the Chapel <b>Activity Cart with Reading Rainbow</b> 2:30 Movie and Popcorn "Have a Little Faith" in the LEC</p>	<p><b>17</b> 10:30 Exercise and 'Name That Song' -L 2:30 Devotion and Song in the Lounge 4:00 Library Cart 6:30 Resident Flower Group - Cafe</p>	<p><b>18</b> 9:30 Flower Cart 10:30 Exercise –L 11:00 Travelocity to Israel with IN2L- in the Lounge 2:30 Pretty Nails and Gabby Gals in Cafe</p>	<p><b>19</b> <b>Week At A Glance &amp; Daily Chronicles</b> 1:00 Gaither Classics – 200 L 2:30 Monthly Birthday Party – LEC <b>4p UK vs Auburn</b> <b>Anna W. Birthday</b></p>
<p><b>20</b> <b>Family Day</b> Lounge Games <b>Volunteer Visits</b> 3:00 Sunday Worship Service &amp; Communion- LEC</p>	<p><b>21</b> 10:30 Exercise-L 11:00 Dr. Martin Luther King Video "I Have A Dream"- L 2:30 Volunteer Bingo &amp; Pet Visits in LEC <b>Gladys K. Birthday</b></p>	<p><b>22</b> 10:30 Exercise w/ Musical Instruments-L 11:00 Trivia Time –L <b>Activity Game Cart</b> 2:30 Cooking Fun– C 6:30 North Lexington Church of Christ Hall Hymns <b>7p UK vs Mississippi</b></p>	<p><b>23</b> <b>National Pie Day</b> 10:30 Praise Songs in the Chapel 10:45 Roosters Lunch Outing <b>Activity Cart</b> 2:30 Movie and Popcorn "Mall Cop" Comedy in LEC</p>	<p><b>24</b> 10:30 Exercise and Sing A Longs -L 2:30 Devotion and Song in the Lounge 4:00 Mobile Spa 6:30 Resident Flower Group - Cafe</p>	<p><b>25</b> 10:30 Exercise –L 11:00 Travelocity to National Parks of America with IN2L- L 1:30 Resident Council Meeting - L 2:30 Friday Soft Drink Trivia Social-Cafe</p>	<p><b>26</b> <b>Week At A Glance &amp; Daily Chronicles</b> 2:00 Fresh Baked Cookies and Gaither Classics – 100 L 3:00 Bingo Express in the Café <b>6p UK vs Kansas</b></p>
<p><b>27</b> <b>Family Day</b> Lounge Puzzles <b>Volunteer Visits</b> 3:00 Sunday Worship Service &amp; Communion- LEC</p>	<p><b>28</b> 10:30 Morning Music and Exercise –Lounge <b>Activity Cart Visits</b> 2:30 Volunteer Bingo Fun in the LEC 3:30 Pet Visits with Dolly</p>	<p><b>29</b> 10:30 Exercise with Musical Instruments-L 11:00 Trivia Time -L 2:30 Craft Fun with Canvas Art Painting-C 6:30 North Lexington Church of Christ Hall Hymns <b>9p UK vs Vanderbilt</b></p>	<p><b>30</b> 10:30 Praise Songs in the Chapel <b>Activity Cart with Reading Rainbow</b> 2:30 Popcorn Social and Corn Hole Fun in the LEC</p>	<p><b>31</b> 10:30 Exercise and 'Name That Song' -L 2:30 Devotion and Song in the Lounge 4:00 Library Cart 6:30 Resident Flower Group - Cafe</p>	<p>CH – Chapel C – Café M/D – Main Dining Room LEC – Life Enrichment Center L – LEC Lounge</p>	